

**NORTH EASTERN REGIONAL INSTITUTE OF SCIENCE AND
TECHNOLOGY (NERIST)**
NIRJULI: ARUNACHAL PRADESH

OFFICE OF THE NERIST HEALTH UNIT

ADVISORY

Date: 12 October 2026

Subject: Prevention of Animal Bites and Rabies Post-Exposure Prophylaxis (PEP)

In view of the incidence of dog and cat bites on campus, all students, faculty members and staff are advised to exercise caution around animals and follow the preventive measures below.

Animal-Bite Prevention

Maintain a safe distance from stray or unfamiliar animals. Avoid approaching, touching or playing with stray dogs and cats. Do not tease, provoke, chase or attempt to handle unfamiliar or aggressive animals. Children should be kept away from stray animals.

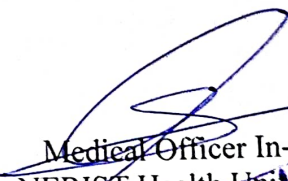
If Bitten, Scratched or Wounded by an Animal

1. Immediately wash and flush the wound with soap and running water for at least 15 minutes.
2. Apply an appropriate antiseptic, such as povidone-iodine, if available.
3. Never ignore any animal bite, scratch or wound, however small or minor it may appear. Seek prompt medical assessment at NHU or the nearest healthcare facility to determine the need for rabies post-exposure prophylaxis (PEP).
4. Do not apply home remedies or irritants, burn or suck the wound, or delay medical attention.

Important: Rabies Prevention

- Category II and III exposures require rabies vaccination as per the recommended PEP schedule.
- Category III exposure in previously unvaccinated individuals also requires rabies immunoglobulin (RIG) or an approved alternative, as indicated by the treating clinician.
- Complete the prescribed vaccination schedule. Do not discontinue vaccination because the wound has healed.
- Never wait for symptoms to appear. Rabies is almost invariably fatal once clinical symptoms develop, but prompt and appropriate PEP can prevent the disease.

All members of the NERIST community are requested to follow this advisory strictly and help maintain a safe campus environment.


Medical Officer In-Charge
NERIST Health Unit (NHU)
Nirjuli, Arunachal Pradesh
Chief Medical Officer
NERIST Health Unit
Nirjuli (A.P.)

Copy to,

1. Director, NERIST for kind information please.
2. Registrar, NERIST for kind information please.
3. All Dean's NERIST for kind information please.
4. DSO – ICR for kind information.
5. All HoDs/ HoC/ HoS for kind information and necessary action please.
6. NHU Chairman for information.
7. President/General Secretary SUN with request to widely inform all students residing inside campus.
8. Office copy